

The 1decision Training Portal

Further information on our new training portal for schools.



Why have we produced a training portal?

For over a decade we have been producing kitemarked content to support the delivery of PSHE and more recently, statutory Health and Relationship Education.

During this time, we have had overwhelming requests for training - training regarding policy, delivery, communicating with parents/carers about the recent changes, and much more.

When training schools, we would often only work with the PSHE lead and it then became their responsibility to cascade the information and train the rest of the staff across their school on how to best deliver and manage these subjects/resources, and ensure there was a consistent assessment in place to inform future planning.

This is a huge responsibility for one person. Especially when we know how important this subject is, not just for PSHE/RSHE delivery, but in evidencing SMSC, British Values, student focussed safeguarding and showcasing how important 'Personal Development' is regarding inspections and performance markers.

A resource is only as good as the teacher delivering it, and for many schools the teaching will be inconsistent from class to class based on the experience and training of the individual teachers. We often find that the PSHE lead uses 1decision to its fullest capacity, but other staff will skim through topics in places.

With all of this in mind, we felt that a training portal could fill the gaps and support schools further in reaching 'Outstanding' judgements for 'Personal Development', and so much more.

Together with top consultants across the country we have produced a training portal to ensure that all schools can utilise the resource to its fullest and monitor and assess PSHE/RSHE in the most effective way, whilst meeting the needs of every student.

Other benefits include:

- Increase staff confidence
- All teachers will be able to effectively manage difficult questions from students
- All staff will be able to implement effective curriculum changes in line with students needs
- A deeper understanding of how to evidence individual successes
- Fluidity when reporting concerns or ideas to senior leads regarding this subject area and so much more

Showcasing Your Offering

You may notice within the mapping documents that there is blank space.

We have purposely added this to encourage schools to insert any additional resources being used to reach these objectives.

If you are using additional material, you may want to share these with your PSHE/RSHE lead.

The needs of your students in regards to understanding relationships may go beyond the statutory requirements. If a particular topic arises, you may need to provide additional support/resources for your cohort.

Module 5 - A Closer Look at Relationships, Puberty, and Sex Education

Case Study - The Impact of PSHE

This is Mabel, she is 11. By the time Mabel leaves primary school, she has probably:

- Crossed her first busy road without someone watching over her
- Travelled to school on her own
- Had her first sleepover at her friend's home
- Travelled into town on her own for the first time
- Experienced her first 'dare'
- Made her first decision to spend her own money
- Questioned if her body looks okay and made her first independent decision about diet and exercise
- Begun to use social media
- Experienced the start of puberty

Module 1 - The History of PSHE

Baseline Assessments - What could this look like for your school?

If you are starting in Years 2 or 3, we would still suggest that you start at the baseline assessment and work your way through the topics in the same sequence, removing any topics you have covered previously. Alternatively, if you were starting in Years 5 or 6, you would start at the baseline suggested for Year 4.

Once you have been using the programme for two years, you will no longer need to dip backwards.

For example: A school starting in September

Year 1 will follow the plan and cover the baseline and road safety.

Year 2 will start with the baseline, road safety, and tying shoelaces.

Year 3 will start with the baseline, road safety, tying shoelaces, staying safe, leaving out of windows, and summative assessment.

| | 5-8 MODULES | KSS |
|--------|--|--|
| YEAR 1 | Baseline Assessment, Road Safety | Baseline Assessment, Road Safety |
| YEAR 2 | Tying Shoelaces | Tying Shoelaces |
| YEAR 3 | Staying Safe, Leaving Out of Windows, Summative Assessment | Staying Safe, Leaving Out of Windows, Summative Assessment |

Module 4 - Delivering the 1decision Resources

What is included?

The training portal is made up of nine modules. Six for all staff and three for leads and senior management.

All Teaching Staff:

| | |
|--------------------------------------|---|
| The History of PSHE | Delivering the 1decision Resources |
| Statutory Areas and Important Links | A Closer Look at Relationships, Puberty & Sex Education |
| Creating a Safe Learning Environment | Monitoring, Assessing and Evaluation |

PSHE Leads/Senior Management:

| | | |
|---------------------|--------------------------|---------------|
| Policy and Planning | Preparing for Inspection | Ongoing Audit |
|---------------------|--------------------------|---------------|

How can it be delivered?

There are a number of ways schools can use the new training portal.

Once purchased, schools will have full access to the training portal for 12 months. Each module should only take around 25-45 minutes. This will depend on the time taken to review the external links provided.

For example, a teacher new to the subject area may not be familiar with the statutory Relationship and Health guidance, therefore they would take additional time to review this.

This will provide the school with the option to deliver to all staff via an inset day or a number of twilights, or to allow staff to work individually through the modules in their own time.

All staff will be required to complete a workbook, which they can download via the portal.

The workbook provides them with several exercises to promote deeper thought and understanding of the subject.

Once completed, this workbook is then given to the PSHE lead or a member of senior management to review.

Completion of the workbook will provide you as a school with several outcomes:

- **Confidence that all staff have completed training, not just the subject lead**
- **An understanding of any gaps**
- **Staff will be able to feed back valuable ideas to inform future planning, and much more**

Module 3 - Creating a Safe Learning Environment

How can you support a vulnerable child before, during, and after a PSHE lesson?

BEFORE

DURING

AFTER

14

“Tell me and I forget. Teach me and I remember. Involve me and I learn”

Cost to the school

The cost of this training has been set at **£600** for a year's access. At present, we have special offers for existing customers.

If you would like to request any further information or a 15 minute demo of the new portal, please contact us via info@1decision.co.uk.